

NEWS & EVENTS

FEBRUARY 2023


KENTON HALL
• RESIDENTIAL & NURSING HOME •



WHAT'S NEW

TAKE A LOOK INSIDE

Our residents have been busy, so pop your feet up and read all about what we've been up to.

BIRTHDAY CELEBRATIONS

Upcoming birthdays for our residents.

COMING UP

See what future events and activities we have planned.

MANAGER'S MESSAGE

Manager Newsletter Feb 2023

Happy February

The days are certainly getting longer and lighter! A sign that spring will be upon us very soon, in fact the snow drops in our lovely gardens are beginning to bloom. Talking of gardens, we will be adding bird tables and feeders to the perimeter of the garden very soon. If you are a budding Alan Titchmarsh then we would love for you to come along and help with the upkeep and development of the Gardens here at Kenton Hall.

We have had a great start to the year with a January packed with activity and celebration. Burns Night saw a traditional pipping of the Haggis with Steve Massey Operations Manager reading the Ode, a 103rd birthday and successfully recruiting a number of new Care Assistants, let's hope we continue in this way for the rest of the year.

Thank you to all of you that have returned the questionnaire, and to those that haven't please do so. Your responses help us to improve the things that we do for and with the residents.

If you would like to volunteer to help out at Kenton Hall, there are a number of things that you can become involved with. Please chat to Dorne or Lisa – Activity coordinators for further information.

I would like to say a big thankyou to all of the staff who have continued to provide excellent care to everyone.

If you would like to pop in for a chat, then please feel free at any time.

Thanks

Steve Robson

Home Manager

NEWS UPDATE

WE WILL BE STARTING BACK UP AT SCOTSWOOD GARDENS ONCE A MONTH TILL THE WARMER WEATHER ARRIVES.

FISRT DATE BEING ON FRIDAY 10TH FEBRUARY AND THEY HAVE EQUURED ENOUGH FUNDS TO TAKE US OUT ON A TRIP IN MARCH BUT THEY WILL LET US KNOW MORE WHEN WE GO ON THE 10TH.

THURSDAY 23RD HOLY COMMUNION

SUNDAY 26TH
WEMBERLEY CUP FINAL
HOWAY THE LADS!!!!

NEWS UPDATE

TUESDAY 7TH
COFFEE MORNING
WITH RESIDENTS
FROM KENTON
MANOR AND
ASHTON COURT
AND A VISIT FROM
TILLY THE
TORTOISE

TUESDAY 14TH ELVIS
WILL BE IN THE
BUILDING

WEDNESDAY 15TH
RELATIVES
MEETING 2PM

TUESDAY 21ST
SHROVE TUESDAY
PANCAKE TOSS

BIRTHDAY CELEBRATIONS

FEBRUARY 2023

3rd - George F

6th - Wyn

6th - Kaye

16th - Joanne



SOME OF OUR ACTIVITIES FROM THE PAST MONTH

JOHN DOONAN SINGER

John Doonan came to sing and sang a fantastic medley of songs this afternoon including.....

Sweet Molly Malone, When You Were Sweet Sixteen, Tie A Yellow Ribbon and so many more hits. This evoked a lot of memories; the residents sang their hearts out. A great afternoon had by all.

RSPB

What a lovely relaxing Sunday afternoon we had bird watching. We took part in the Big Garden Bird Watch RSPB it is the UK's biggest citizen wildlife survey where people come together to count the birds around them in order to help create a snapshot of how our birds are faring. This is the second year Kenton Hall has taken part. We put some bird food out and sat in the conservatory observing with our binoculars for one hour. In this time, we saw 3 seagulls, 3 wood pigeons, 2 magpies and 5 blackbirds male and female. We have recorded our results and sent them off to the Big Garden Bird Watch.



MORE ACTIVITIES FROM THE PAST MONTH

HAPPY HAT DAY AND COMPETITION

We had an array of different hats we had a hat decorated in just sweets, one with seashells and a net, a queen of hearts hat, baubles, Kenton Hall news hat, a scarecrow hat and a Lisa hat. We got our resident Tim to judge the best hat and he decided on the newspaper hat as he thought it was most original. Congratulations to Margaret and well done to all who took part.



SOME OF OUR ACTIVITIES FROM THE PAST MONTH

Chinese New Year

Chinese New Year this year fell on a Sunday.

Celebrations for Chinese New Year traditionally lasts for 16 days, starting from Chinese New Years Eve to the Lantern Festival.

The date of the Chinese New Year is determined by the Chinese Lunar Calendar. The date changes every year but is always somewhere in the period from 21st January to 20th February. Each year Chinese New Year is associated with an animal sign according to the Chinese zodiac cycle. 2023 is the year of the rabbit, specifically the water rabbit. The sign of a rabbit is a symbol of longevity, peace and prosperity in Chinese culture. 2023 is predicted to be a year of hope.

At Kenton Hall, we decorate the home and three individuals' bedrooms, and everyone enjoyed a Chinese buffet on the Sunday. Our three Chinese residents were each given a special red envelope containing money and sweets.

(Cantonese)
“Gong hei fat choy”

(mandarin)
“gong xi fa cai”

“wishing you great happiness and prosperity”

Chinese New Year continued.....



MORE OF OUR ACTIVITIES FROM THE PAST MONTH

Bettys 103rd birthday meal at the Royal Station Hotel

We asked our wonderful amazing betty how she would like to celebrate her 103rd birthday. She said she would like to go out for a meal to celebrate with a member of staff. On asking where she would like to go, she said the Royal Station Hotel, where we went for Christmas lunch. We booked our taxi and off we went. We were welcomed by the management and wonderful staff who were amazingly welcoming and friendly. We were taken to our seats and given a menu and they took our drinks order. Betty chose to have fish and chips which she thoroughly enjoyed, she said she was stuffed but wanted ice cream for pudding and she ate the lot! We had a couple of drinks and Betty got a lot of attention and members of the public were asking to buy her drinks to celebrate her amazing age of 103!

What a pleasure it was to be able to spend such a wonderful afternoon with such an amazing lady.



Hello February



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MORE OF OUR ACTIVITIES FROM THE PAST MONTH

National Pie Day.

Our chef Dan baked individual apple pies for all our residents. We had a small group who wanted to participate in an activity of their choice, and they chose as a group to do some colouring in. They ate their apple pies with ice cream, and drank lattes while enjoying the relaxing atmosphere.



Games afternoon.

We played some target games in the lounge, and it was nice to see some faces joining in who wouldn't usually like to participate. It was a close call with a tie between Lilly and Bing at 15 points each! That was until Daphne took the lead with a whopping 30 points! Daphne chose a big bag of marshmallows for her prize and she shared them out with everyone, well done Daphne great coordination skills!



MORE OF OUR ACTIVITIES FROM THE PAST MONTH

Coffee morning at Kenton Manor.

We joined Kenton Manor in a Coffee and Natta morning in their beautiful bar area this morning. We had lots of tea, coffee, juice, biscuits, cake, after eights and orange chocolate thins. We had a sing along with all the residents and a little boogie in our seats. It was lovely to see our residents socialising and having fun with some new faces.



MORE OF OUR ACTIVITIES FROM THE PAST MONTH

One to one morning

Breakfast out with Kaye.

At 9am our taxi arrived to take us to Gosforth High Street as we were going to the Job Bulman for breakfast. Kaye ordered a bottomless latte and mushroom benedict and she thoroughly enjoyed it, she kept pointing to her plate saying beautiful, beautiful. Our wonderful Kaye does not like to have her photograph taken but allowed me to take a photo of her breakfast. After eating I asked Kaye if she would like to look around Gosforth shopping centre to which she replied oh yes marvellous! Kaye went into Sainsburys and treat herself to some cakes, scones, crisps and a bottle of red wine.

We had 20 minutes to spare before the taxi arrived, so we had a lovely stroll around Gosforth Central Park before heading back , what a wonderful morning was had by myself and our wonderful Kaye.



BURNS NIGHT

Lovely afternoon, Mr Massey, our operations manager read The Ode & our piper Bill Wetherspoon piped in the haggis, to our residents clapping & John, saluting the haggis, and of course not forgetting a tippie of whiskey & those who don't like whiskey had a sherry instead. The evening meal went down as well, haggis, tatties & neeps with a whiskey sauce, Johnny commented. Saying he'd never had haggis before, but it was really, really nice that he had a bigger portion. Thanks to the kitchen



STAR OF THE MONTH



A big congratulations to Clinton who is our Star of the Month. Well done and thank you for your hard work!



FEBRUARY POEM

BIRD

I LIKE FEBRUARY FOR
THE HINTS THAT
WINTER IS GOING
AWAY. HE SEEMS TO
WHISPER IN MY EAR
THAT SOON THE BIRDS
WILL SING AND PLAY!

HE TELLS ME TO GET
READY FOR WARMER
DAYS ARE ON THE WAY.

BY LEORNE HETRICK

VALENTINES QUIZ.

- 1 WHAT DOES THE WORD VALENTINE ACTUALLY MEAN?
- 2 WHO WAS THE GREEK GODDESS OF LOVE?
- 3 TRUE OR FALSE, DOVES MATE FOR LIFE?
- 4 WHAT IS WIDELY REGARDED AS THE MOST BEAUTIFUL MONUMENT TO LOVE EVER MADE?
- 5 WHAT DO THE INITIALS SWALK MEAN?
- 6 WHICH FAMOUS BUILDING IN NEW YORK LIGHTS UP A RED HEART EACH VALENTINES DAY?
- 7 WHERE DO YOU WEAR YOUR HEART IF YOUR QUICK TO SHOW YOUR FEELINGS?
- 8 WHICH WAS SHAKE SPEARS MOST ROMANTIC PLAY?
- 9 WHO WROTE TIS BETTER TO HAVE LOVED AND LOST THAN NEVER TO HAVE LOVED AT ALL?
- 10 WHEN MARILYN MONROE DIED WHO ASKED FOR A FRESH ROSE TO BE PLACED ON HER GRAVE EVERY WEEK FOREVER?

ANSWERS

- 1 SWEETHEART
- 2 APHRODITE
- 3 TRUE
- 4 THE TAJ MAHAL
- 5 SEALED WITH A LOVING KISS
- 6 EMPIRE STATE BUILDING
- 7 ON YOUR SLEEVE
- 8 ROMEO AND JULIET
- 9 ALFRED LORD TENNYSON
- 10 JOE DIMAGGIO